We are so thrilled to have started the year with such enthusiasm for Friends activities! We are continually moving forward with our mission of furthering awareness, outreach and fundraising for White Plains Hospital and could not do it without you.

What a night at the BASH! The November 16th “Best is Yet to Come” BASH included dinner, dancing, a paddle raise and a silent auction. Because of your help, we are able to Build A Spectacular Hospital! An astonishing 600 people attended the event, which raised nearly $1.4M to support White Plains Hospital’s new Center for Advanced Medicine & Surgery, and more than $300,000 was donated during the paddle raise. It was truly an unforgettable evening.

As we move into the spring, we hope you will save the date for our annual Spring Luncheon on April 23rd at Brae Burn Country Club. This year’s luncheon focuses on “Mindfulness and the Art of Happiness.”

This year, the Friends and the Foundation Golf Committee are teaming up to create a White Plains Hospital/Mariano Rivera Celebrity Golf & Party that incorporates golf, tennis and card games such as mah jongg and canasta. This event will take place on June 29th at Quaker Ridge Golf Club. All are welcome to join the committee!

We have another wonderful year ahead of us and look forward to welcoming new Friends and ideas!

Wendy Berk & Kathy Winterroll
Co-Presidents
THANK YOU.

THE BEST IS YET TO COME BASH 2019!

To view more photos from the event, visit wphospital.org/friendsbash

SAVE the DATE

Friends Spring Luncheon
“Mindfulness and the Art of Happiness”
April 23, 2020
11:30am
Brae Burn Country Club

White Plains Hospital/
Mariano Rivera Golf & Party
Including
Tennis Clinic and
Afternoon of Cards
June 29, 2020
8:30am
Quaker Ridge Golf Club

Friends BASH
November 7, 2020
6:00pm
**RECENT COMMUNITY EVENTS**

**WHAT THE HECK IS HAPPENING TO MY BODY?!**

On October 24\textsuperscript{th} at Sunningdale Country Club, White Plains Hospital hosted a panel of experts and over 150 guests to have an open conversation about women’s health.

**GOING ON IN THE HOSPITAL**

**COMFORT KITS AND TEDDY BEARS**

As of December 2019, the Friends Comfort Kit and Teddy Bear project has provided more than 1,500 bears and nearly 2,000 comfort kits to pediatric patients across the Hospital. The Friends have also provided 78 adult Comfort Kits to patients in the Emergency Department.

**FRIENDS HOLIDAY DECORATING**

The Friends hosted their annual holiday project on Monday, December 2\textsuperscript{nd}. Members of the Friends delivered flowers to patients throughout the Hospital, as well as cookies to all nursing and ancillary units to thank them for all that they do.

**JUNIOR FRIENDS OF WPH**

**BOWLING FOR BEARS**

The 5\textsuperscript{th} annual Bowling for Bears event was held on January 26\textsuperscript{th} at Bowlmor Lanes in White Plains. The Junior Friends raised more than $14,500 for comfort kits and teddy bears. These distraction kits are distributed to pediatric patients on 5\textsuperscript{I}, in the Emergency Department and at the Family Health Center.

**ANNOUNCEMENTS**

**BACK TO SCHOOL**

Young patients coming to the Family Health Center for their back-to-school checkups left with new backpacks and school supplies donated by the Friends of White Plains Hospital. Included in the backpacks were necessary school supplies such as crayons, sharpeners, erasers, folders, glue sticks, highlighters, spiral notebooks, pencils, pens, pencil cases and rulers. Since starting the initiative in 2018, the Family Health Center has distributed more than 600 backpacks to patients in the community.
Individual and group tours of the Hospital are available for interested community members through the Friends. Please call (914) 681-1040 for more information or to schedule a tour.

Please report any corrections of names, addresses or telephone numbers to Amy Geiger at lampg@aol.com