ATHLETES, WEEKEND WARRIORS AND YOUR AGING PATIENTS
What Physicians, Athletic Trainers and Coaches Need To Know About Treating Common Orthopedic Conditions

Presented by:
White Plains Hospital Center for Orthopedic and Spine Surgery

Saturday | April 14, 2018 | 7:30 am – 1:30 pm
White Plains Hospital
Davis Avenue at East Post Road
White Plains, NY 10601

CONFERENCE DIRECTORS

Andrew Casden, MD
Chief of Orthopedic & Spine Surgery
White Plains Hospital

Michael Gott, MD
Sports Medicine, Arthroscopic & Reconstructive Surgery
White Plains Hospital

PROVIDED BY
Albert Einstein College of Medicine and Montefiore

IN JOINT PROVIDERSHIP WITH
White Plains Hospital Center for Orthopedic & Spine Surgery

REGISTER TODAY ONLINE:
wphospital.org/orthocme
GENERAL INFORMATION

Conference Location and Dates
Saturday, April 14, 2018

White Plains Hospital Auditorium
Davis Avenue at East Post Road
White Plains, NY 10601

Complimentary valet parking available at entrance

Statement of Need
Orthopedic standards of care assist primary care providers in the treatment of common injuries. When a patient may benefit from a more specialized level of care following an injury, appropriate protocols and referrals help achieve the best possible outcome. This course will help participants identify common injuries in the primary care setting and manage them with the appropriate standards of care.

Activity Goals
Orthopedic injuries are on the rise and are a common reason for emergency department visits. These injuries should be diagnosed promptly and accurately to optimize patient outcomes. This activity will review issues that can be effectively managed by a primary care provider versus those needing to be referred to a specialist, and analyze how an interdisciplinary team approach can improve care and outcomes among orthopedic patients.

Learning Objectives
After attending this activity, participants will be able to:
• Describe how to diagnose and treat common problems in the following orthopedic areas: neck and back; foot and ankle; sports medicine; hip and knee; and hand, wrist, and elbow
• Identify issues that can be effectively managed by a primary caregiver versus those needing to be referred to an orthopedist
• Explain how to safely treat orthopedic problems in the primary care setting
• Analyze how an interdisciplinary team approach to orthopedic problems can improve patient care

Intended Audience
This activity is specifically designed for those involved in the following settings: Internal/Family Medicine, Sports Medicine, Pediatrics, Physical Medicine and Rehabilitation, and Emergency Medicine. It is also designed for professionals working in academic settings, including athletic trainers and coaches, as well as other health professionals interested in the diagnosis and management of common orthopedic injuries.

Accreditation
This activity has been planned and implemented in accordance with the essential Areas & Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Albert Einstein College of Medicine and White Plains Hospital.

Credit Designation
Albert Einstein College of Medicine designates this live activity for a maximum of 4.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Special Needs (ADA)
Albert Einstein College of Medicine designates Albert Einstein College of Medicine Montefiore Medical Center fully complies with the legal requirements of the Americans with Disabilities Act. If any participant is in need of special accommodations, please submit a written request at least two weeks prior to the activity to Center for Continuing Medical Education, 3301 Bainbridge Avenue, Bronx, NY 10467.

Cancellation Policy
Request for refunds MUST be received in writing by April 1, 2018. NO REFUNDS WILL BE MADE AFTER THIS DATE.

Conflict of Interest
The “Conflict of Interest Disclosure Policy” of the Albert Einstein College of Medicine requires that faculty participating in any CME activity disclose to the audience any relationship(s) with a commercial interest; pharmaceutical or equipment company*. Any presenter whose disclosed relationships prove to create a conflict of interest, with regard to their contribution to the activity, will not be permitted to present.

Albert Einstein College of Medicine also requires that faculty participating in any CME activity disclose to the audience when discussing any unlabeled or investigational use of any commercial product or device, not yet approved in the United States.

The staff of CCME of Albert Einstein College of Medicine have no conflicts of interest with commercial interests related directly or indirectly to this educational activity.

* The ACCME defines Commercial Interest as an entity producing, marketing, re-selling or distributing health care goods or services consumed by or used on patients. The ACCME does not consider providers of clinical service directly to patients to be commercial interest.
CONFERENCE AGENDA

7:30am ..................  REGISTRATION & BREAKFAST

8:00am ..................  Welcoming Remarks & Introduction
Andrew Casden, MD

8:15am ..................  Orthopedic Emergencies: How to Identify Patients and Athletes That Need Immediate Care
Rick Weinstein, MD, MBA

8:40am ..................  Common Foot and Ankle Injuries and Their Management
Dov Kolker, MD

9:05am ..................  Orthopedic Surgeons Approach to Knee Pain in the Athlete
Rick Weinstein, MD, MBA

9:30am ..................  Current Treatments of Knee and Hip Osteoarthritis: Non-Operative and Operative Management
Daniel Markowicz, MD

9:55am ..................  Treatment of Non-Arthritic Hip Conditions
Michael Gott, MD

10:30am ..................  BREAK

10:45am ..................  Current Concepts in the Management of Common Hand and Wrist Conditions
Jeffrey Jacobson, MD

11:10am ..................  Shoulder Pain in the Young Athlete
Michael Schwartz, MD

11:35am ..................  Shoulder Pain in the Aging Athlete and Treatment of Shoulder Arthritis
Michael Gott, MD

11:50am ..................  Neck and Back Pain: Non Operative Management
Syed Rahman, MD

12:10pm ..................  Operative Treatment of Neck and Back Pain
Jared Brandoff, MD

12:35pm ..................  Closing Remarks
Andrew Casden, MD

12:45pm-1:30pm ..........  LUNCH & EVENT CLOSING

For questions or registration contact
Jamie Bocchino at 914-681-2628 or email jbocchino@wphospital.org
Patients choose White Plains Hospital for a complete range of superior orthopedic care services, including surgical as well as non-surgical treatments to relieve pain and restore physical function. These include highly-specialized and advanced methods of joint replacement surgery, corrective spinal surgery, repair of athletic injuries, surgery of the hand, and foot and ankle surgery.

The board-certified orthopedic surgeons are among the busiest and most experienced in the greater Westchester area, and work alongside a dedicated team of nurses, physician assistants, physical therapists and care managers to deliver personalized patient care every step of the way.

The distinctive features of the White Plains Hospital Center for Orthopedic and Spine Surgery include:

- Orthopedic surgeons trained at nationally-renowned academic medical centers, offering comprehensive care in all areas of orthopedic surgery
- Magnet® nursing staff specially certified in orthopedic care
- Physical therapists who are highly skilled in hands-on techniques and therapeutic exercise
- Nutritionists and other specialists to treat each patient individually
- Leading-edge radiology services that provide rapid and expert diagnosis
- Advanced methods of post-surgical pain control

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Name ________________________________________

First            Last            Degree

Mailing Address __________________________________________________________

City ___________________ State ___________ Zip ______________

Daytime Telephone ___________________________

Email ____________________________________________

Special Dietary Needs:  □ Kosher   □ Vegetarian   □ Gluten Free   □ N/A

REGISTRATION FEE

Practicing Physician $25
Fellow, Resident, RN, PA, NP & Allied Health Professionals $10
Team Coaches and Athletic Trainers complimentary

FOUR EASY WAYS TO REGISTER

Online  wphospital.org/orthocme

Phone  914-681-2628

Email  jbowen@wphospital.org

Mail  Completed registration form with your payment to:

White Plains Hospital
Attn: Jamie Bowen, Marketing Department
41 East Post Road
White Plains, NY 10601

PAYMENT METHOD

□ Check payable to White Plains Hospital
□ Visa           □ MasterCard           □ American Express

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