

WHITE PLAINS HOSPITAL

Take Charge of Your Health

Prostate Cancer Awareness

Here's What You Need to Know

- **Most Common Cancer in Men**

More than 164,000 men in the United States will be diagnosed with prostate cancer in 2018. One in nine men will learn he has prostate cancer during his lifetime.

- **Survival Rates Can Be High**

60% of prostate cancers are found in men over age 65, but most don't die from the disease. Nearly 3 million men diagnosed with prostate cancer are alive today.

- **Doesn't Always Need Treatment**

Men whose cancers are found early and are growing very slowly can be monitored with "active surveillance," receiving treatment only if the cancer progresses.

- **PSA Testing Is a Personal Choice**

There are different options for prostate screening as men age. Talk with your doctor about what form of prostate cancer screening is right for you.



did you
know ?

Robotic surgery has revolutionized prostate cancer care, providing a magnified view of vital nerves and blood vessels and permitting prostate removal through small incisions.