COVID-19: What Westchester Residents Need to Know

Presented by White Plains Hospital

1. SIGNS & SYMPTOMS

Infectious disease experts have determined that symptoms can begin within 14 days of initial exposure to the virus.

FEVER
COUGH
SHORTNESS OF BREATH

2. WE’RE HERE TO HELP

If you have symptoms of coronavirus, call the WP Hospital Hotline at 914-681-2900 BEFORE heading to the Emergency Department.

Concerned about exposure, but have no symptoms? Call the NYS DOH at 888-364-3065

3. PRACTICE PREVENTION

Wash your hands frequently with soap and water
Avoid close contact with people who are sick

Practice social distancing and limit non-essential travel
Cover your mouth and nose when coughing/sneezing

Refrain from touching your eyes, nose or mouth with unwashed hands

4. FOCUS ON FACTS

These two trusted sources can offer complete, reliable updates on COVID-19

CENTERS FOR DISEASE CONTROL AND PREVENTION
WORLD HEALTH ORGANIZATION

Let’s work together to prevent the spread of COVID-19

wphospital.org

Source: Centers for Disease Control