Prostate-specific antigen, or PSA, is a protein produced by cells of the prostate gland. The PSA test measures the level of PSA in a man’s blood. Although screening for prostate cancer with prostate-specific antigen (PSA) can reduce mortality from prostate cancer, the absolute risk reduction is very small. Given limitations in the design and reporting of the randomized trials, there remain important concerns that the benefits of screening are outweighed by the potential harms to quality of life, including the substantial risks for overdiagnosis and treatment complications. For this reason, it is important that you consult with your health care provider about your results, the options that are available and what course of treatment, if needed, would be best for you and your individual situation.

Be your best self and find out if you are at risk. It’s best to know your numbers! Follow these easy steps:

1. Stop by Occupational Health during their business hours any time before the end of the month to register for the PSA test.
2. Visit the Admissions Testing Center during any of the times listed above to get your quick, confidential PSA Test.

All staff who complete the PSA Test can earn credit towards a Wellness Innovation Reward at the end of the year!

Questions? Contact Frank J. LoCastro at flocastro1@wphospital.org or at extension 2539.