HEALTHY VENDING OPTIONS

Available throughout the WPH campus, the Wellness Program’s Healthy Options Vending Program provides employees with 24/7 access to healthy and delicious snacks.

- Soups
- Snacks
- Sandwiches
- Cheeses
- Yogurts

Touch screen nutrition information about each food item is available to help you make an informed choice. Selections include:

- Choices that are lower in fat, sugar or sodium
- Varied selection of grab and go snacks
- Healthier for you fruit and nut bars
- Fresh selections of refrigerated options
- Changing options for healthy sandwiches

Take the time to stop by, sample and learn more about the healthy and delicious snacks that are available.

Questions? Contact Frank J. LoCastro at flocastro1@wphospital.org or at extension 2539.