FARM FRESH TASTES BEST
Enjoy the tastes of each season with healthy food, lovingly sourced from small community farms. Indulge in heirloom and hard-to-find fruits and vegetables. Experience small-batch creations from passionate food entrepreneurs.

EAT BETTER AND MAKE A DIFFERENCE
Field Goods customers eat 5X more fruits and vegetables than the average Joe. When you shop with Field Goods, you’re supporting more than 100 small farms and food entrepreneurs. We use paper, returnable compostable and reusable packaging, and achieve zero food waste.

OUR PRODUCTS
We offer curated fruit & vegetable bags, seasonal produce, and small-batch pre-cut produce, pasture-raised meats, dairy, and eggs, and a wide variety of healthy pantry items. Many products are available as recurring orders, saving you time & money.

We deliver every week to White Plains Hospital
New customers save $10 at www.field-goods.com/realfood

BECAUSE WHERE YOUR FOOD COMES FROM MATTERS.
Healthy Office Snacks

Did You Know?
Nearly a quarter of employees obtained food from work and this food, high in empty calories, sodium, and refined grains, added up to almost 1,300 weekly calories. More than 70% of the calories come from food obtained for free. (CDC.gov)

Our Service
Providing healthy snacks on a budget is hard and encouraging folks to grab the apple instead of the doughnut is even harder. Field Goods can help! We offer deliveries of grab-n-go fruit, totally clean snacks, and snackable veggies. You can set up recurring deliveries or purchase as needed.

Grab-n-Go Fruit Box  Totally Clean Snacks  Pre-Cut Fruit and Veggies

field-goods.com /employee-wellness
Field Goods offers a Carb-Conscious Produce Bag that includes low-carbohydrate produce items (under 15g per 100g serving) to support a low-carb diet.

A low-carb diet is generally used for losing weight. Some low-carb diets may have health benefits beyond weight loss, such as reducing risk factors associated with type 2 diabetes and metabolic syndrome.

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