Colorectal Screening

Did you realize that …

- Excluding skin cancer, colorectal cancer is 3rd Leading cause of cancer deaths among men & women …
- The lifetime average risk of developing Colorectal cancer in men and women is between 4% and 5%

Find out if you are at risk. Get Screened!

The ACS recommends that people at average risk of colorectal cancer start regular screening at age 45. This can be done either with a sensitive test that looks for signs of cancer in a person’s stool (a stool-based test), or with an exam that looks at the colon and rectum (a visual exam).

You are considered to be at average risk if you do not have:

- A personal history of colorectal cancer or certain types of polyps
- A family history of colorectal cancer
- A personal history of inflammatory bowel disease (ulcerative colitis or Crohn’s disease)
- A confirmed or suspected hereditary colorectal cancer syndrome, such as familial adenomatous polyposis (FAP) or Lynch syndrome (hereditary non-polyposis colon cancer or HNPCC)
- A personal history of getting radiation to the abdomen (belly) or pelvic area to treat a prior cancer

People at increased or high risk of colorectal cancer might need to start colorectal cancer screening before age 45, be screened more often, and/or get specific tests. Please consult with your medical practitioner to see what category you would fall under and what the best course of treatment would be for you.

Source: American Cancer Society

All staff who complete the Colorectal Screening can earn credit towards Wellness Innovation Prevention Rewards Program during the calendar year!

Questions? Contact Frank J. LoCastro at flocastro1@wphospital.org or at extension 2539.